



How Do I Repent?

This section looks at repentance. What is repentance, anyway? Why is it important? We also look at how we can repent correctly and we will warn those who think that this is something you can play with; It is not.

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What is Repentance?

Often, you hear a lot of people either telling you to 'repent' or more people saying that they had to 'repent' of what they did. So, what does 'repentance' really mean? Let's look up the definition of **repentance**:

noun

- deep sorrow, compunction, or contrition for a past sin, wrongdoing, or the like.
- regret for any past action.

So let's agree that **repentance** is deep sorrow, regret, and contrition for a past sin.

Contrition means:

noun

- sincere penitence or remorse.
- sorrow for and detestation of sin with a true purpose of amendment.

Penitence means:

adjective

- feeling or expressing sorrow for sin or wrongdoing and disposed to atonement and amendment; repentant; contrite.

Now that you know what repentance is, let's look at HOW we can repent when we do something wrong or sin.



Steps to Repentance

To repent, there are 5 components to this process:

- **STOP** - stop what you are doing immediately
- **THINK** - think about what you are doing
- **ACKNOWLEDGE** - Acknowledge that you are doing something wrong and you need to change
- **TURN AWAY** - Turn around and go the other way AWAY from the error or sin you committed
- **THANKS** - Thank the Lord for pointing out the error so you can remain in right standing with Him

We will go through all of the processes in detail so you will know what you need to do.



Step 1 - STOP what you are doing - immediately

When you are told by the Lord Jesus Christ, the Holy Ghost or the Lord of Hosts that you are in ERROR or OUT OF ORDER, STOP what you are doing immediately. Do not do anything else. Acknowledge that you are doing something that the Lord wants you to change.



Step 2: Think

Once you have stopped doing what you were doing, think about the action or the task you are doing that is ERROR. The Lord Jesus Christ, The Lord of Hosts and The Holy Ghost are good to point out what you are doing wrong and why you are in ERROR. It is at this time you can then understand that what you are doing is error, and now you can take steps to correct the error.



Step 3: Acknowledge your error And Say you are Sorry

Acknowledge that you made the error as soon as you can; right away would be best. You see, The Lord already knows that YOU are the guilty party when you sinned, so He is waiting for you to acknowledge your sin so He can remove it from your ledger. There may be a penalty involved with the sin you had committed, so ASK for mercy and ASK for leniency because you are admitting this sin up front. After you admit your error, you REPENT by saying that you are sorry for what you have done. You will need to be sincere in your statement, as the Lord will know if you are faking or not, and if you are trying to fake Him out, He will judge you harsher than He would have if you were just truthful with Him.

No matter what the sin, ALWAYS be truthful and admit your wrongdoing. By doing this, you will get the correction you need and you will be sent on your way. **Don't EVER try to lie to the Lord**, as He hates that.

Articulate your remorse by a simple prayer that goes something like this:

"Lord, I am sorry for the thing(s) I did. I repent right now in the Name of Jesus and I am going to turn away from my error RIGHT NOW. Please forgive me for what I did."

Did you know that by acknowledging your sin, the devil cannot accuse you of that sin? It is only when you try and hide your sin is when you get into serious trouble. NEVER hide anything from the Lord, as He already knows what you did. Boldly acknowledge what you did and tell Him you are sorry for what you did.



Step 4: Turn Around And go the opposite way

In this step, you turn around or turn away from your sin. You cease to continue in that sin. for example, if you are overeating (surfeiting in the Bible), you turn away from that sin by getting out of the restaurant, or you stop eating what you should not be eating. It is also good to ask the Lord Jesus Christ, the Holy Ghost or the Lord of Hosts **for HELP to turn away from your sin**. You may be able to do this right away; you may need some assistance to stop, as it will take some time.



Step 5 - Thank the Lord for Pointing out your error

That's right - **Thank the Lord for pointing out your error and MEAN IT.** The Lord did NOT have to point out your error; He could have just waited until you were in front of Him and judged you for your error. No, the Lord is helping YOU by pointing out the sin(s) you may have committed so you can correct them. **The Lord also hates ingratitude, so THANK HIM for His attention.** The Lord also hates people with attitudes, especially when He is trying to help them.

Even if you think the Lord is wrong (which He never is), **thank Him anyway.** He will then sit you down and explain to you WHY He ruled as He did or told you as He did. Understanding is a wonderful thing, and even as the Lord is chastising you, you can learn a LOT about yourself and the Lord during these times. It will also draw the Lord closer to you and you to Him, **because you will know that even if you get punished, the Lord does it out of love and caring for YOU.** The Lord may also show some leniency towards you because of your willingness to thank Him for His care of YOU.



As always - **don't take our word for anything. Go to the Lord Jesus Christ directly and personally ask Him** if what is being posted is true or not, and go with that. Ask Jesus to show you what other things you can do to when you are being corrected. A lot of this sounds farfetched and incredible, but as you start on your walk with Jesus as His Disciple for real, you will find out very quickly that it is all about the relationship you have with Jesus, The Holy Ghost and the Lord of Hosts.