

*The Whole
Armour
of God*
PRAYING ALWAYS

Praying Always:
Daily Prayers and how to use
them to your advantage

Prayer Series
www.getyouranswersonline.com



How to Pray ALWAYS

In the Bible, there are passages that give you clues as to how to get clean and stay clean in Jesus Christ. This is called ‘washing with the water of the Word’ (**Ephesian 5:25-27**). Let’s take a look at this scripture:

Ephesians 5:25-27 - Husbands, love your wives, even as Christ also loved the church, and gave himself for it; **That he might sanctify and cleanse it with the washing of water by the word**, That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; **but that it should be holy and without blemish.**

In this scripture, you can see that The Lord Jesus Christ washes His Church to make it clean and Holy, without blemish or spot or wrinkle. You, Christian, can do your part by washing YOURSELF with the water of the word, using this scripture and others. What we are going to do, Christian, is to start to pray over ourselves as Jesus is doing to His Church.

This book is not only a means to explain what a person can do, but to provide practicum – examples of things you can do NOW – so you will be able to get closer to the Lord Jesus Christ. If we are in the world, Christian, we are nasty, smelly, and disgusting. By washing with the water of the word, you can keep yourself as clean as you can.

What this will do is it will separate you from your friends and even your family, and then:

- You will stop wanting that cigarette, as you will now not have a taste for it.

- You will want to stop watching that porn and you will be vigilantly watching for things that will trigger your 'need' to watch porn and avoid them.
- You will not want to watch 'American Idol' or 'Keeping Up with the Kardashians' anymore.

All of this is because you washed yourself with the water of the Word. So, as promised, here is a prayer you can use RIGHT NOW to wash yourself with the water of the word:

- Lord, Please wash and cleanse myself, my Family, my household and all possessions of ALL uncleanness with the Blood of Jesus in the Name of Jesus based on the authority of your Word as it is written in:
 - **Psalms 51:2** – Wash me thoroughly from mine iniquity, and cleanse me from my sin.
 - **Ezekiel 36:25** – Then will I sprinkle clean water upon you, and ye shall be clean: from all your filthiness, and from all your idols, will I cleanse you.
 - **Ephesians 5:26** - That he might sanctify and cleanse it with the washing of water by the word,

You can recite this prayer as it is written above. You can do this when you do your daily prayers, or if you do not have any daily prayers, you can use this one to start making daily prayers. The Bible tells us that we are to pray always (**Luke 18:1, Luke 21:36, 2 Thessalonians 1:11**).



Here is a technique that you can use to pray over yourself always.

You can recite this prayer, and rename it something shorter so you can call it up whenever you need to or if you see a defiling element in front of you. Here are the steps:

1. **Recite** the prayer as shown above, with the biblical citations. You do not have to quote the scripture unless you want to.
2. **DECLARE** that prayer as something you can easily remember, like 'Wash me'. To do this, you should **say** the following: "In the name of Jesus, I am declaring the prayer that I have just recited as 'Wash me'". What this does is append the prayer you just made to a shorter name.
3. Whenever you want to **activate** the prayer, you just say: "In the name of Jesus, please activate 'Wash me'".

That's it. The Lord will hear that prayer in its entirety when you **activate the prayer**.

Try doing this during your study time. Better yet, **talk to the Lord directly** about how YOU can be more effective with your prayers by using this technique. You will see how easy it is to communicate with your Lord and Saviour Jesus Christ by saying a few words.



Words are important

It is important, Christian, to use your mouth and recite the prayer, **using audible WORDS**. You then will need to DECLARE the prayer **using audible WORDS**. Then you can invoke the prayer **using audible WORDS**.

Can you now see yourself washing yourself every 10 minutes by saying 'Lord, In the name of Jesus, Wash me'? You do this enough times in a day you will see a rapid improvement over yourself. You will lose appetites you never knew you had.

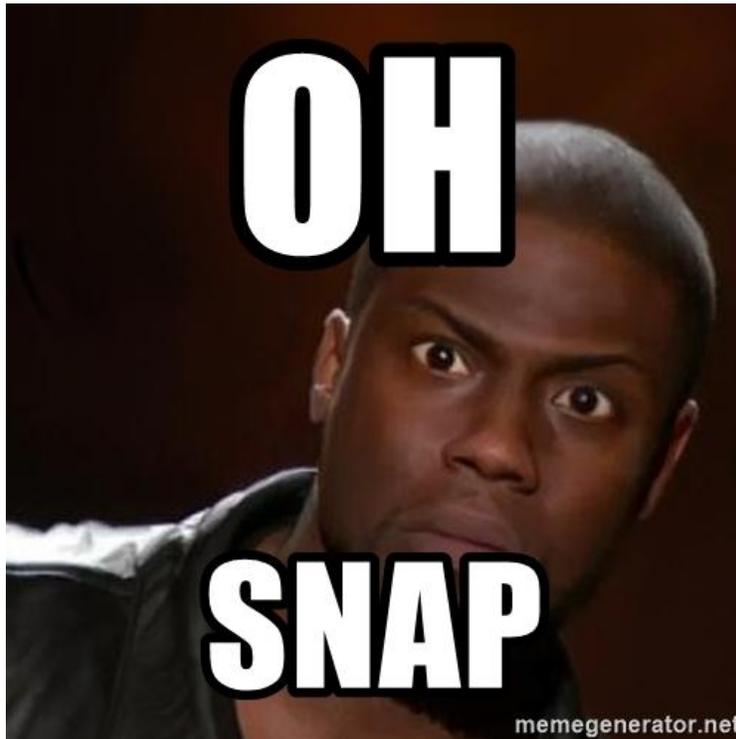
So why is this effective?

When you are fighting the devil, you are **stomping his guts out with your WORDS**. The battle is **fought with WORDS**, Christian, so this is why the devil does all he can to SHUT YOU UP. He uses devices like 'Be nice' and 'be tolerant' to SHUT YOU UP from quoting scripture which has the power and authority of The Lord Jesus Christ Himself over him, stopping the mischief he is creating.

Can you now see why when you COMMAND the devil to leave he leaves?

It is all in the AUTHORITY in the name of Jesus that Jesus gives every disciple of Christ (**Matthew 10:1, Mark 3:15, Mark 6:7, Luke 9:1**). The devil has NO authority against Jesus, so he MUST acknowledge Jesus' authority and obey the COMMANDS that carry the greater authority.

Can you now see why people use Jesus' name in vain? It is a mocking and blasphemy of that name which the devil MUST recognize as the authority OVER him!! The devil is a DIRTY dog.



You hear it in the movies you watch

You hear it all the time in movies:

- “Jesus Christ, it’s Jason Bourne.” (Quoted from the movie **the Bourne Ultimatum**)
- “Jesus H. Christ!! You are a killer!” (Quoted from the movie **Full Metal Jacket**)
- “Holy Jesus... Who said that?” (Quoted from the movie **Full Metal Jacket**)
- “Jesus, Joseph and Mary...” (Quoted from the movie **Jarhead**)

So why is the Lord Jesus Christ’s name used in the movies in this manner? It is done purposefully to damn you, Christian, and anyone else **who does not repent of their filthy communication** that WILL send you to hell (**Exodus 20:7, Deuteronomy 5:11**). The Lord takes a dim view of blasphemy of His name (**1 Timothy 1:20, James 2:7, Revelation 13:6**).

If you have ever used the Lord’s name in vain, Christian, even before you were saved, make sure that you repent of ALL of the things you did and SAID. Every word you have ever uttered in your life has been recorded and you will be judged on every word you have ever said (**Matthew 12:37**).

Every. Single. Word.

I can guarantee you that you probably heard the Lord’s name used in vain in a movie or on You Tube and you forgot all about that blasphemy when you repented. You can put this prayer I have presented to you into practice by not only repenting of using the Lord’s

name in vain, but to wash yourself clean of the filthy communication that has come from your mouth (**Colossians 3:8**).

Your prayer will be something like this:

Lord, in the Name of Jesus, I repent of any and all filthy communications and blaspheming of your Name I have ever uttered, as I was ignorant and I did not know better. Please forgive me for what I have ever said when using your name in vain and when I was using filthy communications with my mouth. In the name of Jesus, Please activate 'wash me' and 'mind wash' every ¼ second of every minute until all vestiges of filthy communications and blaspheming have been removed from me based on the authority of your Word as it is written in **Psalms 51:2**. Thank you for your kindness and grace, in Jesus name, amen.

You may use this prayer, as it is a valid prayer, if you wish. Note that you asked for the prayers 'wash me' and 'mind wash' to be prayed over you over and over again until the vestiges of that filth is gone. If this prayer takes 2 years to be fulfilled, then you will be washed by the water of the word for 2 years – with ONE prayer. Pattern as many prayers as you can after this one to continually wash yourself and be clean.



Here is another prayer you can use right away

Since the battle with the devil is fought in your mind, the next prayer I will present will be to clean your mind of all of the filth and nastiness that the devil has been pumping into it through music, television and movies. This prayer can be used to clean your mind of all of the defiling elements that are causing you pain and anguish.

Here is the prayer:

- Lord, in the name of Jesus, please Cleanse all vestiges of filthy images or imaginations from my mind, heart, soul and spirit based on the authority of your Word as it is written in Ezekiel 36:25 and repeat this prayer every 1/2 second until all vestiges of these images or imaginations are completely cleansed from me based on the authority of your Word as it is written in Psalms 51:2.

Use the same technique I described above for 'wash me' to clear your mind of the clutter. You can use whatever name you want, but for this exercise, we will use 'Mind wash'. You can use this pray in conjunction with 'wash me' by invoking BOTH prayers at the same time:

- "Lord, in the name of Jesus, please activate 'wash me' and 'mind wash' and continue to activate those prayers every minute for the next 12 hours."

With this technique, you can recite these prayers over yourself for a full day if you use the form I just presented to you. THIS is what the Lord meant when He said 'Praying always'.

Begin and end
your day with a
Prayer.

Praying ALWAYS as the Lord has commanded

Always is defined as follows:

1. every time; on every occasion; without exception:
2. all the time; continuously; uninterruptedly:
3. forever:
4. in any event; at any time; if necessary:

Can you now see, Christian, that we are commanded **to pray ALL THE TIME**? I highlighted items 1-3 as what we are to do as defined by the dictionary. In the Bible, the words used are chosen on PURPOSE because they have a specific meaning that the Lord wants to convey to us. Most people do NOT pray always; they only pray when they want something.

Here is a prayer that you can use **right now** to pray always:

- “Lord, in the name of Jesus, please activate ‘wash me’ and ‘mind wash’ and continue to activate those prayers every minute for the next 24 hours.”

Notice the time interval in the prayer. What will happen is that is that the Lord will hear YOUR prayer every minute of the day for a 24 hour period. You would be in accordance with the Lord’s wishes as you pray ALL DAY LONG. You do NOT have to sit and recite the same thing over and over again, as the Lord warns us not to do this (**Matthew 6:7**).

Prayers like these can be used for ANYTHING, including protection from demon spirits, continual washing by the water of the word, continual washing of your mind of defiling elements, continual prayers for someone needing intercession, continual prayers over yourself of repentance, forgiveness, and forgiving others.

The application of this is endless.

It is recommended that you construct prayers to continually pray over yourself, your household, your wife or husband or your children. Search the bible to find the scripture that you need to stand on to build your prayer(s) that will continuously pray to help those who may need help or for yourself if you are battling anxiety, depression, masturbation, lust, smoking, fornication, adultery or any sin that you need to be free of.

This, Christian, is how you bombard Heaven with your prayers. If you ask often enough, and are persistent enough, you WILL get the Lord Jesus Christ to move and when He does, you will see results.

In your own study time, put together prayers that you can pray over yourself. I have given you two. Use this technique to put together other prayers to help you overcome something that the Lord has told you to deal with. As always, you can ASK the Lord if He will accept your prayers as presented and He will tell you what He wants you to do.



Here is Our Challenge to you, Christian

We challenge you to go to Jesus directly **RIGHT NOW** and ask Him if what is shown here is true. Use this as a means to start a conversation with The Lord Jesus Christ and sit with Him and ask Him questions. Start with **(asking out loud):**

“Jesus, is what I just read true?”

He will answer you and NOW you will be on the true road to salvation, knowing for **SURE** if you are going to make it or not, as Jesus would have told you. Keep talking with Him. Get to know Him and He will start to reveal Himself to you. You need to find out for yourself and work out **YOUR** salvation for **YOU**, as the scriptures tell us to.